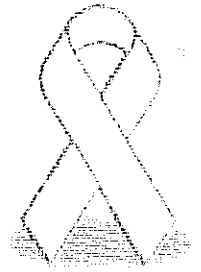


5 K Walk/Run

July 24, 2010



Registration: 7-7:45 am
Entry Fee: \$15 by July 16

Race: 8 am
Entry Fee: \$20 after July 16

There will be two registration lines: one for advance registrations & one for race-day registrations.

The course is relatively easy. It begins and ends at the Battle Lake School track (402 W. Summit, Battle Lake). Water stops are along the way. Awards will be presented to the overall male and female winners and first, second and third place ribbons in male and female age categories. This event is organized by Summer of Service students. Proceeds will be used to sponsor the Battle Lake Team "High Hopes" as they participate in the 60-mile "Breast Cancer 3-Day", sponsored by the Susan G. Komen Breast Cancer Foundation. All participants receive a sports bag.

Return registration to the Battle Lake Community Education office, 402 W. Summit, Battle Lake, MN 56515. For more information, please e-mail communityed@battlelake.k12.mn.us or call 218-864-5215 ext. 103.

◆ -----
Name _____

Address _____

Phone number _____ Male _____ Female

E-mail _____

Emergency contact. Name _____

Phone Number _____

Age: ___ 12-15 ___ 16-19 ___ 20-29 ___ 30-39 ___ 40-49 ___ 50-59 ___ 60-69 ___ 70 and over

Please choose walking or running. Please note that runners may walk if they choose. However, if you are a walker, you may not run during the race; you can only walk.

_____ Running _____ Walking

Waiver. I am entering this event at my own risk and assume all responsibility for injuries that I may incur as a direct result or indirect result of my participation for myself or my heirs. I, for myself and anyone entitled to act on my behalf, waive and release Battle Lake Community Education, Battle Lake Public School, the City of Battle Lake, the County of Otter Tail, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though liability may arise out of negligence or carelessness on the part of the person named in this waiver.

Signature _____

Date _____